



DELUXE HEALTHY MENU

APPETIZER

Mixed Garden Salad with Chunky White Tuna & Haricot with Sweet Balsamic Dressing
Chilled Asparagus with Citrus Fruit & Honey Mustard Dressing

HOT ENTRÉE

Garlic Fried Rice
Sin Chow Bee Hoon
Oven-Baked Pi-Pa Tofu with Green Vegetables in Egg White Sauce
Steamed Fish Fillet with Mixed Vegetables in Tom Yum Broth
Fried Malaysian “Kum Hiang” Skinless Chicken
Nonya Chup Chap

DESSERT

Fresh Fruit Salad with Mints
Grass Jelly with Sea Coconut (*Less sugar*)

BEVERAGE

Traditional Herbal Tea (*Less sugar*)

\$12.00 PER PERSON



Most of the dishes in this menu are prepared with less oil, less salt, less sugar, more fruits and vegetables.

Pick not more than 1 deep fried item for every 5 dishes you order.



SUPREME HEALTHY MENU

APPETIZER

Charred Broiled California Vegetables with Maple Glaze
Caesar Salad with Herbs Marinated Shredded Chicken Breast
Hawaii Papaya & Fragrance Boiled Chicken Tossed with Light Yogurt Curry Dressing

SOUP

Vegetable Consomme with Mixed Vegetables Spatzle & Pasta

HOT ENTRÉE

Pasta Peranakan Style
Pineapple Fried Rice
Stew Skinless Chicken in Clear Stock with Summer Vegetables
Steamed Fish Fillet with Enoki Mushroom, Lily Buds & Black Fungus
Fried Prawn with Garlic & Chilli
Lo Hon Vegetables

DESSERT

Fresh Fruits Platter
Pumpkin Cream with Sago (*Less sugar*)

BEVERAGE

Traditional Herbal Tea (*Less sugar*)

\$15.00 PER PERSON



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