

## Healthy Buffet Menu A

### Appetizer

*Fresh Garden Salad with Dressings*

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*Apple and Celery Salad*

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*Traditional Thai Chicken Salad*

### Soup

*Double-boiled Melon Chicken Soup*

### Main

*Braised Soya Chicken with Herbs*

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*Steamed Prawn In Spicy Seafood Sauce*

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*Stir-fry Beef with Ginger & Spring Onion*

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*Sambal squid ball*

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*Broccoli with Chinese Mushroom*

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*Steamed Fish Teochew Style*

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*Vegetarian Wholemeal Mee Tai Mak*

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*Healthier Choice's Steamed Jasmine & Red Grain Rice*

### Dessert

*Glutinous Sesame Rice Balls in Peanut soup*

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*Mango pudding*

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*Assorted fresh fruits platter*

**\$28/pax**

**NOTE: HEALTHIER OIL IS USED IN THIS MENU**

## Healthy Buffet Menu B

### Appetizer

*Fresh Garden salad with Chef's Dressings*

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*Thai Seafood Salad*

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*Traditional Waldorf Salad*

*(Green Apple & Celery salad)*

### Soup

*Double-boiled Lotus Root with Dried Scallop*

### Main

*Stir-fry Scallop with Celery in XO Sauce*

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*Thai style Green Curry Chicken*

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*Steamed Prawn in Szechuan sauce*

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*Homestyle Braised Tofu*

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*Spinach with Fresh Shitake Mushroom*

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*Crabmeat Omelette*

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*Brown Rice Kway Teow with seafood*

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*Healthier Choice's Steamed Jasmine & Red Grain Rice*

### Dessert

*Assorted Nyonya pastries*

*Yam paste with ginkgo nuts*

*Assorted fresh fruits platter*

***\$35/pax***

**NOTE: HEALTHIER OIL IS USED IN HIS MENU**