Healthy Buffet Menu

WESTERN

Starters

Mesclun Greens with Lemon Vinaigrette

Vegetable Sticks with Tomato Salsa

Minestrone Soup

Mains

Roasted Chicken with Garlic & Thyme

Baked Fish with Mediterranean Herbs

Sauteed Prawn with Lemon & Dill

Grilled Eggplant, Zucchini & Tomato

Mexican Bean Stew

Mix Brown Rice Pilaf

Dessert

Tropical Fresh Fruit Platter

Cinnamon Baked Pear

Beverage

Iced Water

$20.00 per pax ($21.40 with GST)
Minimum 30 pax

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WESTERN

Starters

Mesclun Greens with Balsamic Vinaigrette

Red Cabbage & Carrot Slaw with Crushed Almond

Cream of Mushroom Soup

Mains

Roasted Rosemary Chicken

Baked Cajun Style Fish

Sautéed Tuscan Shrimp

Roasted Cauliflower & Carrot

Vegetable Provencal

Buttered Herb Brown Rice

Dessert

Tropical Fresh Fruit Platter

Muesli with Honey, Oats & Nuts

Beverage

Iced Water

$20.00 per pax ($21.40 with GST)
Minimum 30 pax

Healthy Buffet Menu

ASIAN

Starters

Green Papaya, Mango & Sunmelon Salad
with plum sesame dressing

Garlic Cucumber Salad

ABC Chicken Broth

Mains

Braised Chicken with White Fungus

Steamed Fish with Ginger & Scallion Soya Dressing

Stir-fried Shrimp with Celery & Cashew Nut

Braised Beancurd & Mushroom

Stir-fried Vegetable with Shiitake

Steamed Red Brown Rice

Desserts

Tropical Fresh Fruit Platter

Low Sugar Cheng Tng

Beverage

Iced Water

$20.00 per pax ($21.40 with GST)
Minimum 30 pax

Healthy Buffet Menu

ASIAN

Starters

Asian Coleslaw
with plum sesame dressing

Garlic Cucumber Salad

Double Boiled Lotus Soup

Mains

Roasted Tumeric Chicken with Ladyfinger

Baked Fish with Kecap Manis

Poached Shrimp with Wolfberry

Onion Omelette

Stir-fried Cabbage with Dried Chilli

Stir-fried Brown Rice Vermicelli

Desserts

Tropical Fresh Fruit Platter

White Fungus & Barley

Beverage

Iced Water

$20.00 per pax ($21.40 with GST)
Minimum 30 pax

PACKAGE INCLUDES:

- Complete layout with tables, linen & food warmers
- Full set of disposable ware
- Healthier guidelines: All ingredients used are in according to the healthier dinning Programme criteria. Such as whole grain staple option, healthier cooking oils, inclusive of fruits and vegetables, plain water and less fried food policy.

TERMS & CONDITIONS:

- Set-up of buffet will be at one location
- Menu items are subjected to availability and may change without prior notice.
- Prevailing GST is applicable on total amount.