PINES
FOOD DELIGHT PTE LTD

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

$3.00 TEA RECEPTION FOR MIN 100 PAX

- ✓ Delivery charge is **$40.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Allowed to choose 3 Items + 1 Beverage.

DIM SUM – SELECT 1 ITEM

- ☐ Healthy Steam Carrot Light Cake
- ☐ Healthy Pumpkin Steam Cake
- ☐ Steam Soon Kway
- ☐ Steam Teochew Rice Cake
- ☐ Steam Chee Cheong Fun w Sauce
- ☐ Steam Mini Chicken Pau
- ☐ Steam Mini wholemeal Mantou
- ☐ Steam Siew Mai

DELICACIES – SELECT 1 ITEM

- ☐ Low Fat Apple Cake
- ☐ Low Fat Raisin Cake
- ☐ Oatmeal Muffin
- ☐ Low Fat Banana Cake
- ☐ Custard Puff
- ☐ Mini Donuts
- ☐ Chocolate Eclairs
- ☐ Steam Walnut & Date Pudding
- ☐ Fresh Fruit Platter

PASTRIES – SELECT 1 ITEM

- ☐ Wholemeal Finger Sandwiches: Tuna / Egg / Chicken Ham
- ☐ Wholemeal Cucumber Sandwiches
- ☐ Baked Chicken Pie
- ☐ Baked Curry Puff
- ☐ Brown Rice Mee Goreng
- ☐ Fried Brown Rice Vermicelli

BEVERAGES – SELECT 1 ITEM

- ☐ Plain Water [COMPLIMENTARY]
- ☐ Green Tea (Hot/Cold) (No Sugar)
- ☐ Hot Tea & Coffee (Sugar & Low Fat Milk - on the side)
- ☐ Soya Bean Milk (Hot/Cold) (Less Sweet)
- ☐ Chilled Lemon Tea (Less Sweet)

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

$5.00 TEA RECEPTION FOR MIN 60 PAX

- ✓ Delivery charge is **$40.00** (Free transport for orders **> $600**)
- ✓ Choose 5 Items + 1 Beverage
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Allowed to choose a max of 1 item with DF (Deep Fried) in the whole order
- ✓ * to choose either Noodles or Sandwiches/Bun

DIM SUM – SELECT 1 ITEM

- ☐ Healthy Steam Carrot Light Cake
- ☐ Healthy Pumpkin Steam Cake
- ☐ Steam Soon Kway
- ☐ Steam Teochew Rice Cake
- ☐ Steam Chee Cheong Fun w Sauce

PASTRIES – SELECT 1 ITEM

- ☐ Wholemeal Pizza Bread
- ☐ Baked Mushroom Wholemeal Quiche
- ☐ Baked Chicken Pie
- ☐ Baked Curry Puff

CAKES– SELECT 1 ITEM

- ☐ Low Fat Apple Cake
- ☐ Low Fat Raisin Cake
- ☐ Oatmeal Muffin
- ☐ Low Sugar Banana Cake
- ☐ Chocolate Brownies
- ☐ Steam Pandan Baby Chiffon Cake
- ☐ Steam Walnut & Date Pudding

*NOODLES– SELECT 1 ITEM

- ☐ Fried Brown Rice Vermicelli with Vegetables (80%)
- ☐ Kampong Style Brown Rice Mee Goreng (10%)
- ☐ Fried Wholemeal Kway Teoh (10%)
- ☐ Fried Brown Rice Mee Siam (10%)
- ☐ Fried Wholegrains Hong Kong Mee (10%)

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

DELICACIES – SELECT 1 ITEM

- ☐ Fruit Jellies (less sweet)
- ☐ Fresh Fruits Platter
- ☐ Strawberry Jam Tart (less salt)
- ☐ Kway Salat
- ☐ Rainbow Steam Layer (less sweet)
- ☐ Pandan Kway Koswee (less sweet)

*SANDWICHES & BUNS – SELECT 1 ITEM

- ☐ Wholemeal Finger Sandwiches: Tuna / Egg / Cheese / Chicken Ham
- ☐ Wholemeal Garlic Toasts
- ☐ Wholemeal Cucumber Sandwiches

OPTIONAL – DF (Deep Fried)

- ☐ Mini Spring Roll
- ☐ Mini Curry Samosa
- ☐ Pan Fried Gyoza
- ☐ Chicken Nugget
- ☐ Breaded Scallop
- ☐ Mini Pomegranate Chicken

BEVERAGES – SELECT 1 ITEM

- ☐ Plain Water [Complimentary]
- ☐ Green Tea (Hot/Cold) (No Sugar)
- ☐ Hot Tea & Coffee (Sugar & Low Fat Milk - on the side)
- ☐ Soya Bean Milk (Hot/Cold) (Less Sweet)
- ☐ Homemade Barley (Less Sweet)

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

$5.00 TEA REFRESHMENT FOR MIN 50 PAX

- ✓ Delivery charge is **$40.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose one between Menu A & Menu B

MENU A

- ☐ Steam Soon Kway
- ☐ Wholemeal Bun with Tuna & Onions
- ☐ Baked Cereal Chicken Balls
- ☐ Fresh Fruits Platter : Watermelon / Pineapple / Papaya
- ☐ Oatmeal & walnut Muffins
- ☐ Hot Tea & Hot Coffee (sugar & low fat milk on the side)

  OR
- ☐ Cold Sugarless Soya Milk OR Chilled Green Tea (No Sugar)
- ☐ Iced Water

MENU B

- ☐ Wholemeal Finger Sandwiches with Tuna mixed with shredded cucumber & fresh lemon peel
- ☐ Steam Chee Cheong Fun served separately with sweet sauce & chilli sauce
- ☐ BBQ Chicken drumlet with black peppercorn
- ☐ Fresh Fruits Platter
- ☐ Osmanthus & Wolfberries Konnyaku Jellies
- ☐ Hot Tea & Hot Coffee (sugar & low fat milk on the side)

  OR
- ☐ Cold Sugarless Soya Milk
- ☐ Iced Water

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

$8.00 TEA REFRESHMENT FOR MIN 30 PAX

- ✓ Delivery charge is **$40.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose one between Menu A & Menu B

MENU A

- ☐ Dry Laksa w Wholegrain Vermicelli
- ☐ Grilled Yakitori Chicken (skinless) OR Oven Baked Spicy Salsa Chicken
- ☐ Vietnamese Rice Paper Roll with Papaya Salad , lettuce & Mint leaves
- ☐ Baked Spinach Quiches (wholemeal) OR Mini Hawaiian Pizza (wholemeal crust)
- ☐ Whole-wheat carrot & date cakes
- ☐ Fruits Platter : Honeydew / Dragon Fruits / Watermelon / Papaya
- ☐ Hot Tea & Hot Coffee (sugar & low fat milk on the side)
- ☐ Water
- ☐ Cold Sugarless Soya Milk (sugar syrup on the side)

MENU B

- ☐ Brown Rice Fried Beehoon with Assorted Vegetables OR Wholemeal Finger Sandwiches
- ☐ Baked Chicken Meatloaves with Mushrooms & Chestnut OR Oven Baked Chicken Lollipop
- ☐ Steam Pumpkin Kway Garnish with Spring Onions & Sesame OR Steam Soon Kway
- ☐ Banana & Granola Yogurt with Honey OR Oatmeal & Chocolate Bar
- ☐ Tuna Celery Boats OR Chic Peas Wrap
- ☐ Fresh Fruits Platter : Rock Melon / Papaya / Pineapple / Kiwi
- ☐ Hot Tea & Hot Coffee (sugar & low fat milk on the side)
- ☐ Water