PINES
FOOD DELIGHT PTE LTD

1 KAKI BUKIT ROAD 1, ENTERPRISE ONE,
#05-16 S(415934)
Tel: 62788414 Fax: 62787414

Email: sales@pinesfood.com.sg

Co / GST Reg No.: 201433054H

NEA Licence No: W95041C000

$5.00 PACKED SNACKS FOR MIN 40 PAX

- ✓ Delivery charge is **$30.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose 5 Items + 1 Beverage
- ✓ Allowed to choose a max of 1 item with DF (Deep Fried) in the whole order

SANDWICHES OR PASTRIES – SELECT 1 ITEM

- ☐ Wholemeal Pizza Toast
- ☐ Wholemeal Triple Jam & Peanut Butter Sandwich
- ☐ Wholemeal Hot Dog Bun with lettuce
- ☐ Baked Chicken Pie
- ☐ Baked Curry Puff
- ☐ Baked Mushroom Puff

Delicacies – SELECT 2 ITEMS

- ☐ Low Fat Apple Tea Cake
- ☐ Low Fat Chocolate Borwnies
- ☐ Oatmeal Muffin
- ☐ Low Sugar Banana Cake
- ☐ Apple Pies (reduced sugar)
- ☐ Baked Bingka Ubi (less sweet)
- ☐ Sultana Croissants

SAVORY– SELECT 1 ITEM

- ☐ Pan Fried Yam Kway
- ☐ Steam Soon Kway
- ☐ Baked Frittata
- ☐ Baked Chicken Meatloaf
- ☐ Baked Potato Cake
- ☐ Steam Teochew Rice Kway

Fruits - 1 ITEM

- ☐ Whole Fruits (Banana OR Apple
- ☐ Fruit Jellis (less sweet)

OPTIONAL – DF (Deep Fried)

- ☐ Chicken Nugget
- ☐ Fishballs
- ☐ Breaded Scallop
- ☐ Ngo Hiang

DRINKS – SELECT 1 ITEM

- ☐ Bottled Plain Water

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$4.00 PACKED MEAL FOR MIN 50 PAX

- ✓ Delivery charge is **$30.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose 5 Items + 1 Beverage
- ✓ Allowed to choose a max of 1 item with DF (Deep Fried) in the whole order

STAPLE FOOD – SELECT 1 ITEM

- ☐ Steam Brown Rice (50%)
- ☐ Steam Lemongrass Brown Rice (50%
- ☐ Brown Rice Mee goreng (10&)
- ☐ Wholemeal Fried Kway Teoh Mee (10%)

MEAT – SELECT 1 ITEM

- ☐ Grilled Teriyaki Chicken
- ☐ Grilled Black Pepper Chicken (skinless)
- ☐ Thai Style Baked Fish with Lime Sauce
- ☐ Par Fry Sweet & Sour Fish

FRUITS – SELECT 1 ITEM

- ☐ Apple
- ☐ Banana
- ☐ Pear

DRINKS

- ☐ Cup Drinking Water

VEGETABLES – SELECT 1 ITEM

- ☐ Stir-fry Cabbage with Black Fungus
- ☐ Seasonal Green With Mushroom Sauce
- ☐ Stir-fried Tienjin Cabbage

OTHERS – SELECT 1 ITEM

- ☐ Steam Silken Rainbow Beancurd
- ☐ Oriental Style Stewed Toufu
- ☐ Steam Chawanmushi
- ☐ Egg Omelette with Mushroom

OPTIONAL – DF (Deep Fried)

- ☐ Seawed Chicken
- ☐ Butterfly Wanton
- ☐ Potato Cake
- ☐ Breaded Scallop

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$6.00 PACKED MEAL FOR MIN 25 PAX

- ✓ Delivery charge is **$30.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose 6 Items + 1 Beverage
- ✓ Allowed to choose a max of 1 item with DF (Deep Fried) in the whole order

STAPLE FOOD – SELECT 1 ITEM

- ☐ Lemongrass Steam Rice (50%)
- ☐ Japanese Steam Brown Rice (50%)
- ☐ Steam Brown & Jasmine Rice (50%)

MEAT – SELECT 1 ITEM

- ☐ Japanese Style Skinless Teriyaki Chicken
- ☐ Par Fry Sweet & Sour Chicken
- ☐ Chicken Casseroles
- ☐ Stirfry Chicken with Ginger & Spring Onions

SEAFOOD – SELECT 1 ITEM

- ☐ Baked Fish with Cajun
- ☐ Strirfry Fish w Black Pepper Sauce
- ☐ Sambal Squids
- ☐ Steam Fish in Nonya Sauce
- ☐ Baked Fish with Bean Sauce

VEGETABLES – SELECT 1 ITEM

- ☐ Poached Seasonal Green with Mushroom Sauce
- ☐ Sauteed Broccoli with Mushroom
- ☐ Nonya Chap Chye
- ☐ Yu Xiang Egg Plant

OTHERS – SELECT 2 ITEMS

- ☐ Chef Toufu with Shimeiji Mushroom
- ☐ Hakka Braised Beancurd with Bean Sauce
- ☐ Foo Yong Egg with Vegetables
- ☐ Grilld Mackerel Otak Otak

OPTIONAL – DF (Deep Fried)

- ☐ Chicken Cutlet
- ☐ Yam Roll
- ☐ Canton Prawn Roll

FRUITS – SELECT 1 ITEM

- ☐ Apple
- ☐ Pear
- ☐ Banana

DRINKS

- ☐ Bottled Plain Water

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$10.00 PACKED MEAL FOR MIN 15 PAX

- ✓ Delivery charge is **$30.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose 8 Items + 1 Beverage
- ✓ Allowed to choose a max of 1 item with DF (Deep Fried) in the whole order

STAPLE FOOD – SELECT 1 ITEM

- ☐ Stir-fried Wholemeal Noodles with Seafood & Assorted Greens
- ☐ Steam Brown Rice with Topping (100%)
- ☐ Korean Steam Brown Rice (50%)
- ☐ Fried Brown Rice with Shrimps (50%)

VEGETABLES – SELECT 1 ITEM

- ☐ Sauteed Ba Bao Vegetables
- ☐ Poached Chinese Spinach with Garlic
- ☐ Stirfry Brococli with Sugar Peas, Lotus Roots,
- ☐ Fairyland Salad with Dressing
- ☐ Seasonal Greens with Assorted Mushroom

MEAT – SELECT 1 ITEM

- ☐ Poached Chicken Breast with Ginger
- ☐ Grilled Yuzu Chicken
- ☐ Vietnamese Grilled Lemongrass Chicken
- ☐ Baked Chicken Rubbed with Mediterranean Spices (rosemary, cumin, oregano & coriander & cinnamon)
- ☐ Masala Chicken with Yoghurt
- ☐ Grilled Apricot Chicken

FISH – SELECT 1 ITEM

- ☐ Baked Fish with Chives & Garlic
- ☐ Fish In Fruit Sauce
- ☐ Steamed Snapper Fish Fillet with Nonya Assam Sauce
- ☐ Baked Salmon with Teriyaki Sauce
- ☐ Baked Barrumudin with Lemon Butter
- ☐ Stirfry Fish with Celery

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SEAFOOD – SELECT 1 ITEM

- ☐ Steam Squid with Lime & Garlic
- ☐ Sambal Prawn
- ☐ Stir-fried Prawn with Capsicums & Cashew Nuts
- ☐ Steam Prawn with Garlic
- ☐ Prawn in Pumpkin Sauce

OTHERS – SELECT 2 ITEMS

- ☐ Steam Silken Bean Curd with Minced Prawns glazed with Garlic Soy Dressing
- ☐ Spinach Toufu with Shimeiji Mushroom
- ☐ Steam Chawamushi with Gingko Nuts & Crabstick
- ☐ Chef Toufu with Jiaxiang Sauce

OPTIONAL – DF (Deep Fried)

- ☐ Mini Spring Roll
- ☐ Pan Fried Gyoza
- ☐ Prawn Wanton
- ☐ Japanese Seaweed Chicken
- ☐ Butterfly Prawn
- ☐ Honey Drumlette

FRUITS – SELECT 1 ITEM

- ☐ Apple
- ☐ Pear
- ☐ Banana

DRINKS

- ☐ Bottled Plain Water

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PACKED MEAL MENU FOR MIN 50 PAX

- ✓ Delivery charge is **$40.00** (Free transport for orders **> $600**)
- ✓ Healthier Oil is being Used in All Dishes
- ✓ Choose one between Menu A , Menu B &Menu C

MENU A - $4.00 MIN 45 PAX

- ☐ STEAM BROWN RICE (50%)
- ☐ CHICKEN STEW WITH MUSHROOMS
- ☐ STIRFRY SHREDDED CABBAGE WITH FISH CAKE
- ☐ BRAISED YU XIANG EGG PLANT
- ☐ BANANA OR APPLE
- ☐ MINERAL WATER

MENU B - $5.00 MIN 40 PAX

- ☐ STEAM BROWN RICE (50%)
- ☐ STIRFRY CHICKEN WITH SPRING ONIONS & GINGER
- ☐ BAKED FISH WITH BEAN SAUCE
- ☐ STIRFRY CHINESE SPINACH WITH GARLIC
- ☐ BANANA OR APPLE
- ☐ MINERAL WATER

MENU A - $6.00 MIN 35 PAX

- ☐ STEAM BROWN RICE (50%)
- ☐ GRILLED TERIYAKI CHICKEN
- ☐ BAKED FISH WITH MISO SAUCE
- ☐ STIRFRY BROCCOLI WITH SUMMER GREENS
- ☐ STEAM TOFU WITH CORN
- ☐ BANANA OR APPLE OR FRUIT JELLIES
- ☐ MINERAL WATER