

Pollo F&B Services

Block 3012 Bedok Industrial Park E
#01-19
Singapore 486350
Tel: 624621818/80

Healthier Choice Menu



Mapollo Catering Pte Ltd

**All dishes are prepared with healthier oils*

**Rice dish contains wholegrain*

8 courses with 1 DF (deep-fried)

**Fresh fruits can be substituted as dessert*



Menu \$230 (Code: P01)

1.	发财鱼生	Fatt Choy Yu Sheng (Poh Chui will not be served)
2.	阿波罗冷盘(1 炸)	Mapollo Cold Combination (1 DF)
3.	养参顿鸡汤	Ginseng Stewed Chicken Soup
4.	潮式蒸活鱼	Steamed Live Fish in Teochew Style
5.	海游泳活虾	Steamed Live Prawns
6.	白灵菇时菜	Longevity Bailing Mushroom w/Veg
7.	糙米荷叶饭	Fried Brown Rice In Lotus Leaf
8.	杏仁龙眼豆腐	Almond Longan Tofu / Cut Fruits Platter (to substitute for dessert)

If beverages are to be provided, plain water will be served, and sugar served at the side.

Includes: Cutleries and table settings with clothes

Experienced serving attendants

Call: Andrew Tan @ 96229464

Order by:	Delivery:
Add:	Time:
Tel:	No. of Tables:
Remarks:	



27/02/2018

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**Fresh fruits can be substituted as dessert*



Menu \$280 (Code: P02)

1.	发财鱼生	Fatt Choy Yu Sheng (Poh Chui will not be served)
2.	阿波罗冷盘(炸)	Mapollo Cold Combination (DF)
3.	金菇竹笙鱼鳔更	Braised Fish Maw with Crab Meat & Bamboo Pit
4.	脆皮烧鸡	Roasted Chicken
5.	潮州式蒸活鱼	Steamed Live Fish in Teochew Style
6.	人月鲍鱼波菜	Moon Star Abalone with Spinach
7.	酒酿活虾	Boiled Live Prawn with Shaoxing Wine
8.	炒面存	Braised Wholegrain Mee Kia/Mee Pok in Abalone Sauce
9.	杏仁龙眼豆腐	Almond Longan Tofu or Cut Fruits Platter

If beverages are to be provided, plain water will be served, and sugar served at the side.

Includes: Table-cloths, serving staff and no GST

Call: Andrew Tan @ 96229464

Order by:	Delivery:
Add:	Time:
Tel:	No. of Tables:
Remarks:	



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*All dishes are prepared with healthier oils

*Rice dish contains wholegrain

9 courses with 2 DF (deep-fried)

*Fresh fruits can be substituted as dessert



Menu \$320 (Code: P03)

1.	发财鱼生	Fatt Choy Yu Sheng (Poh Chui will not be served)
2.	阿波罗冷盘(1 炸)	Mapollo Cold Combination (1 DF)
3.	参人炖鸡汤	Ginseng Stew Chicken Soup
4.	潮洲式蒸活鱼	Steamed Live Fish in Teochew Style
5.	火碳烤猪	Pig Sucking Charcoal
6.	人月鲍鱼菠菜	Moon Star Abalone with Spinach
7.	白灼游水活虾	Quick Boiled Live Prawn
8.	糙米荷叶饭	Fried Brown Rice In Lotus Leaf
9.	炸雪糕(炸)	Deep Fried Ice Cream (DF) or Cut Fruits Platter

If beverages are to be provided, plain water will be served, and sugar served at the side.

Includes: Table-cloths, serving staff and no GST

Call: Andrew Tan @ 96229464

Order by:	Delivery:
Add:	Time:
Tel:	No. of Tables:
Remarks:	



National Environment Agency

27/02/2018