

"Love them. Talk about sex." Parent Programme

Puberty and sex are a natural part of growing up. As natural as a baby taking his first steps, or a toddler saying his first word. There comes a time when your children are curious about sex, and they want to know. When that time comes, if you don't teach them, who will? The TV? Movies? Their friends? Internet sites?

The Health Promotion Board (HPB) has commissioned a play, written and directed by Associate Artistic Director Jonathan Lim of Wild Rice, titled "**Talk to Me**".

This play was inspired by a series of drama workshops with youths. It traces the journey of sexual discovery of four teenagers, from naivety and misinformation to sexual awakening. Hilarious, heart-warming and based on real life accounts, this is a play that every parent should watch.

After the play, a trained social worker will provide practical tips on how to talk to your children about sex, and also take questions from you. Learn about how to broach the difficult subject of sexuality with your children, how to establish trust, ask the right questions, and offer the right advice.

There are 2 performances for the play*. Details are as follows:

Date	Time	Venue	Ticketing Information
26 October 2008, Sunday	2.30pm - 4pm	Bukit Batok Community Club Hall 21 Bukit Batok Central, Singapore 659959	\$2 per person (inclusive of refreshments & door gift) Register by calling 6564 6317 or visiting www.one.pa.gov.sg (Activity Code: A12976470)
22 November 2008, Saturday	3pm - 4.30pm	Woodlands Community Club Theatre 1 Woodlands St 81, Singapore 738526	Free (inclusive of refreshments) Register by calling Ms Mindy Chen at 6435 3040 or emailing Mindy_Chen@hpb.gov.sg

* Parents are advised not to bring children to the programme as mature themes will be covered.

Your children are growing up faster than you can imagine. Talk to them about sex before it's too late. Please visit www.letstalkaboutsex.sg/parents for more information.

