

21 December 2016

Health Promotion Board
3 Second Hospital Avenue
Singapore 168937

Tel. 6435 3500
Fax. 6438 3848

www.hpb.gov.sg

Dear HCS Partners,

Revision to the Healthier Choice Symbol (HCS) Guidelines have been effected for the following categories:

Convenience Meals

With effect from 29 December 2016, Convenience Meals will be a main HCS category with 3 sub-categories. For details of the revised HCS guidelines for Convenience Meals, please refer to Annex A.

As a transitional measure, existing industry partners with convenience meal products carrying the HCS will have until 1 January 2018 to deplete existing packaging and reformulate the products to meet the revised guidelines.

Expansion of “Low Glycemic Index” Variant to Convenience Meals, and Legumes, Nuts and Seeds Category

With effect from 29 December 2016, the HCS variant “Low Glycemic Index” claim will be expanded from the Cereals category to cover two (2) more categories: 1) Convenience Meals, and 2) Legumes, Nuts and Seeds category.

Food products carrying the HCS logo with “Low Glycemic Index” claim must fulfill all of the following criteria:

- a) The product has to meet the HCS nutrient guidelines specified in the respective category that the product falls under¹.
- b) Must have a Glycemic Index of less than 55.

Health Promotion Board (HPB) welcomes new partners with products that meet the HCS guidelines to submit their applications.

For further clarifications on the HCS guidelines, you may write in to: HPB_HCSadmin@hpb.gov.sg or call 6435 3905 or 6435 3715.

HCS Admin Team
Healthy Food & Dining Department
Obesity Prevention & Management Division

¹ For example, for a convenience meal product to qualify for the “Low Glycemic Index” claim, it has to first meet the latest HCS nutrient guidelines for Convenience Meals.