

## Annex D: List of Health Promoting Policies

Category of policies	Type of policies
Healthy Eating	Healthier catering policies that are in accordance with HPB guidelines
	Healthier beverage policies that are in accordance with HPB guidelines: <ul style="list-style-type: none"> <li>- All drink stalls/cafes/kiosks are required to serve lower-sugar drinks as default option</li> <li>- All drinks stalls in food court/coffee shops are required to only display HCS drinks at store front</li> <li>- All vending machines are required to provide at least 70% HCS packaged drinks or zero-calorie products</li> </ul>
	Healthier dining policies where all F&B outlets are required to: <ul style="list-style-type: none"> <li>- Offer wholegrain staples as an option (when served in rice, porridge, noodle, bread and other cereal staple)</li> <li>- Use healthier oil (in accordance with HPB guidelines)</li> <li>- Serve at least 1 lower-calorie option (<math>\leq 500</math>kcal main dish/ set meal and <math>\leq 250</math>kcal side dish)</li> </ul>
Smoking Cessation	Policies that prohibit the sale of cigarettes on the premises
	Policies to support a smoke-free workplace (e.g. no smoking in uniform, no smoking in areas outside of designated smoking area)
Communicable Diseases	Policy for managing Tuberculosis (TB) at the workplace
	Policy for managing HIV/AIDS at the workplace
General Health	Protected time for employees to participate in health promotion activities
	Flexi-benefits scheme that supports options on healthy lifestyle and programmes
Holistic Workplace	Policies to support employee assistance, crisis management (e.g. trauma) and change management (e.g. retrenchment, re-designation)
	Work-Life Policies (e.g. Flexible work arrangements, telecommuting options)
	Policies to support breastfeeding staff (e.g. breastfeeding facilities)
	Strong workplace safety and health management systems in place to protect the wellbeing of employees
Others	Please specify.