

## HEALTHIER DINING PROGRAMME CRITERIA FOR INSTITUTIONAL CATERERS (FREE FLOW / DINING HALL)

	All operating and drink stations in all outlet(s)
<b>Minimum Outlet Size</b>	All operating food and drink stations in all participating outlet(s)
<b>Healthier beverages</b>	Caterer must offer plain water as the default beverage item.  Caterer offering coffee and tea must have syrup/sugar served on the side, not pre-added.
<b>Healthier ingredients (wholegrains and healthier oils)</b>	<ul style="list-style-type: none"> <li>• Caterer must provide whole-grain option in every type of staple used</li> <li>• Use healthier cooking oils for all cooking and food preparation</li> <li>• At least one fresh fruit option must be offered at the dessert section</li> </ul>
<b>Deep-fried menu items</b>	Caterer must limit deep fried items to no more than the following: <ul style="list-style-type: none"> <li>a) No deep fried item allowed for buffet orders with <math>\leq 3</math> items;</li> <li>b) 1 item for buffet line with 4-8 items (including dessert, excluding drinks);</li> <li>c) 2 items for buffet line with 9-15 items (including dessert, excluding drinks);</li> <li>d) 3 items for buffet line with 16-20 items (including dessert, excluding drinks);</li> <li>e) 4 items for buffet line with <math>\geq 21</math> items (including dessert, excluding drinks);</li> </ul>

*Note: HPB will be conducting kitchen inspections and lab tests of oil samples as part of its random audit.*

*Institutional Caterers selected for a random audit are to submit to HPB invoices of their orders of healthier oil for the past 6 months.*

	<b>Publicity Guidelines</b>
<b>Front of House</b>	<ul style="list-style-type: none"> <li>• "Healthier options available here" identifier displayed at website/app/order platforms</li> <li>• Caterer should display the Health Promotion Board's healthier ingredients visual identifier carrying HDP identifier prominently at the buffet line.</li> </ul>
<b>Point of Purchase Endorsement Labelling</b>	<ul style="list-style-type: none"> <li>• All endorsed dishes to be tagged by appropriate HDP identifiers using in-store marketing materials</li> <li>• Any conditional endorsement has to be clearly communicated</li> </ul>
<b>Point of Purchase Call for Action</b>	Include "Ask for lower-sugar options" identifier on beverage section of menu books / menu boards (if applicable)