Healthier Choice – Super Value Buffet Menu

$7.80 ($8.35 with GST) | Minimum 70Pax Onwards

Choice of 1 item from each category
Total 8 items
A maximum of one (1) item with "Deep-fried" (DF) in the whole order

Staple *(Choice of Rice or Noodle)*

(All options are made with wholegrain)
Fried Rice with Diced Mushroom
Fried Rice with Garlic & Egg
Singapore Style Fried Vermicelli
Wok-fry Kway Teow Mee

Poultry

Stir-fry Chicken with Sliced Ginger & Scallion
Grilled Chicken with Sweet & Sour Sauce
Wok-fry Chicken with Specialty Sambal
Braised Chicken with Potato

Steamed Dim Sum

Mini Turnip Dumpling
Chicken Shao Mai
Mini Carrot Cake
Mini Yam Cake

Dessert

Tropical Fresh Fruit Platter (Recommended)
Refreshing Cheng Tng (Chilled / Hot)
Green Bean Soup (Chilled / Hot)
Chilled Grass Jelly with Longan

Vegetable

Chinese Cabbage with Mushroom
Stir-fry Oriental Mix Vegetable
Nonya Style Mixed Vegetable
Signature Curry Vegetable

Fish *(Only Baked, Grilled or Steamed)*

Fish Fillet with Sliced Ginger & Scallion
Fish Fillet with Oriental Black Pepper
Fish with Sweet & Sour Sauce
Grilled Fish Fillet with Sambal

Savoury Bite *(Deep-fried)*

(DF) Deep-fried Fish Ball
(DF) Cocktail Samosa
(DF) Mini Spring Roll
(DF) Thai Fish Cake

Beverage

(Water is a default option)
Pink Guava Cordial
Fruit Punch Cordial
Orange Cordial

Recommendation

Staple *(Wholegrain)*
Fried Rice with Garlic & Egg

Vegetable
Signature Curry Vegetable

Poultry
Braised Chicken with Potato

Fish
Grilled Fish Fillet with Sambal

Dim Sum
Mango Prawn Roll

Savoury Bite *(Deep-fried)*
Mini Spring Roll

Dessert
Tropical Fresh Fruit Platter

Beverage
Chilled Drinking Water
Orange Cordial

Healthier Choice – Asian Buffet Menu A

$11.80 ($12.63 with GST) | Minimum 40Pax Onwards

Healthier Menu
Eat all foods in moderation.

We use healthier oil
Eat all foods in moderation.

Choice of 1 item from each category
Total 9 items
A maximum of one (1) item with "Deep-fried" (DF) in the whole order

Staple *(Choice of Rice or Noodle)*

(All options are made with wholegrain)
Thai Style Olive Fried Rice
Yang Chow Fried Rice
Kampong Style Fried Dry Mee Siam
Stir-fry Vermicelli with Cabbage

Poultry

Grilled Chicken with Sweet & Sour Sauce
Grilled Chicken with Belado Chili Paste
Grilled Chicken with Mongolian Sauce
Signature Curry Chicken with Potato

Prawn

Wok-fry Prawn with Black Pepper Sauce
Stir-fry Prawn with Sweet & Sour Sauce
Wok-fry Prawn with Specialty Sambal
Pan-fry Prawn with Trio Sauce

Dessert

Tropical Fresh Fruit Platter (Recommended)
Refreshing Cheng Tng (Chilled / Hot)
Chilled Iced Jelly with Fruit Cocktail
Chilled Honeydew with Sago

Beverage

(Water is a default option)
Pink Guava Cordial
Fruit Punch Cordial
Orange Cordial

Vegetable

Loh Hon Vegetable with Chinese Cabbage
Sautéed Broccoli with Mushroom
Stir-fry Long Bean with Sambal
Wok-fry Okra with Sambal

Fish *(Only Baked, Grilled or Steamed)*

Pan-fry Fish Fillet with Honey Pineapple Sauce
Pan-fry Fish with Capsicum & Bean Paste
Fried Fish Fillet with Sweet & Sour Sauce
Steamed Assam Fish Fillet with Okra

Savoury Bite *(Deep-fried)*

(DF) Cocktail Samosa
(DF) Breaded Scallop
(DF) Mini Spring Roll
(DF) Thai Fish Cake

Pastry

Assorted Mini Swiss Roll
Mini Chocolate Brownie
Mini Chocolate Éclair
Mini Cream Puff

Recommendation

Staple *(Wholegrain)*
Thai Style Olive Fried Rice

Vegetable
Loh Hon Vegetable with Chinese Cabbage

Poultry
Signature Curry Chicken with Potato

Fish
Pan-fry Fish Fillet with Honey Pineapple Sauce

Prawn
Stir-fry Prawn with Sweet & Sour Sauce

Savoury Bite *(Deep-fried)*
Cocktail Samosa with Tangy Chili Dip

Dessert
Tropical Fresh Fruit Platter

Pastry
Assorted Mini Swiss Roll

Beverage
Chilled Drinking Water
Fruit Punch

Healthier Choice – Asian Buffet Menu B

$13.80 ($14.77 with GST) | Minimum 30Pax Onwards

Choice of 1 item from each category
Total 10 items
A maximum of one (1) item with "Deep-fried" (DF) in the whole order

Staple *(Choice of Rice or Noodle)*

(All options are made with wholegrain)
Kampong Style Fried Rice with Dried Shrimp
Oriental Style Fried Rice with Silver Fish
Stir-fry Cellophane Noodle with Minced Chicken
Wok-fry Mee Tae Bak with Tom Yum

Poultry

Grilled Honey Chicken with Thai Sour Plum Sauce
Honey Baked Chicken with Nonya Satay Paste
Indo Style Chicken in Spicy Tomato Sauce
Signature Curry Chicken with Potato

Prawn

Stir-fry Prawn with Fermented Beancurd
Wok-fry Prawn with Sweet & Sour Sauce
Wok-fry Prawn with Signature Sambal
Pan-fry Prawn with Tom Yum Paste

Savoury Bite *(Deep-fried)*

(DF) Breaded Seafood Croquette
(DF) Five Spice Chicken Roll
(DF) Mini Spring Roll
(DF) Thai Fish Cake

Pastry

Assorted Mini Swiss Roll
Mini Chocolate Éclair
Mini Chocolate Brownie
Mini Cream Puff

Vegetable

Chinese Cabbage with Dried Shrimp & Garlic
Sautéed Seasonal Vegetable with Mushroom
Stir-fry Long Beans with Sambal
Stir-fry Oriental Mix Vegetable

Fish *(Only Baked, Grilled or Steamed)*

Steamed Fish Fillet with Spicy Garlic Lime Dressing
Baked Fish Fillet with Lemon Butter Au Gratin
Steamed Assam Fish Fillet with Okra
Royal Thai Style Baked Fish Fillet

Beancurd

Steamed Beancurd with Salted Bean Paste
Braised Beancurd with Mixed Mushroom
Egg Beancurd with Minced Chicken
Szechuan Style Mapo Beancurd

Dessert

Tropical Fresh Fruit Platter (Recommended)
Chilled Water Chestnut with Egg White & Gingko
Refreshing Cheng Tng (Chilled / Hot)
Bubur Cha Cha (Chilled / Hot)

Beverage

(Water is a default option)
Pink Guava Cordial
Orange Cordial
Fruit Punch

Recommendation

Staple *(Wholegrain)*
Oriental Style Fried Rice with Silver Fish

Vegetable
Chinese Cabbage with Dried Shrimp & Garlic

Poultry
Grilled Honey Chicken with Thai Sour Plum Sauce

Fish
Pan-fry Fish Fillet with Capsicum & Bean Paste

Prawn
Wok-fry Prawn with Signature Sambal

Beancurd
Egg Beancurd with Minced Chicken

Savoury Bite *(Deep-fried)*
Mini Spring Roll

Dessert
Tropical Fresh Fruit Platter

Pastry
Mini Chocolate Brownie

Beverage
Chilled Drinking Water
Pink Guava Cordial

+65 9641 3277

Healthier Choice Asian Buffet Package
Optional Add-ons and Terms & Conditions

Optional

Side Order

•Wholegrain Nonya Laksa Lemak with Prawn	$3.80 Per Pax (Min 30 Pax)
•Wholegrain Mee Siam with Shredded Chicken	$3.80 Per Pax (Min 30 Pax)
•Signature Curry Chicken with Wholegrain Roti	$3.80 Per Pax (Min 30 Pax)
•Warmed Yam Paste with Gingko	$2.00 Per Pax (Min 30 Pax)
•Bottled Water (500ml)	$1.00 Per Bottle (Min 15 Bots)

Equipment Rental

•High Cocktail Table with Linen Drape	$20.00 Per Set (Min 5 Sets)
•3ft Square Table with Pink Plastic Sheet	$6.00 Per Set (No Min)
•3ft Square Table with Full Drape Linen	$10.00 Per Set (No Min)
•Plastic Stool (No Backrest)	$1.00 Per Stool (Min 10 Stools)
•Coffee Machine & Premium Tea Selection	$10.00 Per Pax (Min 30 Pax)
•Upgrading of utensils to porcelain ware	$3.50 Per Pax

Package Includes
•Full buffet station setup with tables, linen drape and decoration
•Chafing dishes, disposable biodegradable ware, paper serviettes and trash bin with garbage bag

Promotion
•Minimum total spending of $800.00 for Super Value Buffet or $600.00 for other Asian Buffet (before GST) for waiver of delivery charge for all district

Catering Information
•Menus on Live Station is available upon request
•Order must be at least 3 working days (5 working days during festive period) before delivery date
•Any last minute will be subjected to availability
•Duration of catering is for 3 hours only; as per NEA regulations.
•Collection of setup will be 3 hours from eating time or latest 10.30pm; whichever is earlier

Other Charges
•Delivery charge at $50.00 ($53.50 with GST)
•Surcharge of $20.00 ($21.40 with GST) per floor level for buffet setup on non-lift level
•Surcharge of $10.00 ($10.70 with GST) for delivery to offshore area (Sentosa & Jurong Island) and Central Area denote by the first 2 digits of the postal code:
- •Robinson – 01, 04, 05, 06, 07, 08
- •Marina Square – 03, 17
- •Orchard – 22, 23
- •Bras Basah – 18, 19

•Full payment upon delivery either by Cash or Cheque
•Total amount is subjected to 7% Goods and Services Tax (GST)

Healthier Choice - Tea Reception Menu

Minimum 30Pax Onwards

Classic High Tea Menu A

$10.00 ($10.70 with GST)

Starter

Assorted Wholemeal Sandwich
lemon tuna & egg mayo

Mains

Wholegrain Kampong Style Fried Dry Mee Siam
(DF) Fried Mid Wing
Steamed Mini Turnip Dumpling with Sweet Sauce Dip
Mini Mushroom Quiche

Sweets

Tropical Fresh Fruit Platter
Assorted Mini Swiss Roll

Beverage

Chilled Drinking Water
Fruit Punch
Coffee & Tea
sugar & cream sachet by the side

Classic High Tea Menu B

$10.00 ($10.70 with GST)

Starter

Assorted Wholemeal Sandwich
chicken ham & cheese slices

Mains

Wholegrain Singapore Style Rice Vermicelli
Baked Honey Mini Drumlet
Steamed Water Rice Cake with Preserved Diced Radish
Mini Chicken Quiche

Sweets

Tropical Fresh Fruit Platter
Assorted Mini Butter Cake

Beverage

Chilled Drinking Water
Orange Cordial
Coffee & Tea
sugar & cream sachet by the side

Healthier Choice - Tea Reception Package
Optional Add-ons and Terms & Conditions

Optional

Side Order

•Wholegrain Nonya Laksa Lemak with Prawn	$3.80 Per Pax (Min 30 Pax)
•Wholegrain Mee Siam with Shredded Chicken	$3.80 Per Pax (Min 30 Pax)
•Signature Curry Chicken with Wholegrain Roti	$3.80 Per Pax (Min 30 Pax)
•Warmed Yam Paste with Gingko	$2.00 Per Pax (Min 30 Pax)
•Bottled Water (500ml)	$1.00 Per Bottle (Min 15 Bots)

Equipment Rental

•High Cocktail Table with Linen Drape	$20.00 Per Set (Min 5 Sets)
•3ft Square Table with Pink Plastic Sheet	$6.00 Per Set (No Min)
•3ft Square Table with Full Drape Linen	$10.00 Per Set (No Min)
•Plastic Stool (No Backrest)	$1.00 Per Stool (Min 10 Stools)
•Coffee Machine & Premium Tea Selection	$10.00 Per Pax (Min 30 Pax)
•Upgrading of utensils to porcelain ware	$3.50 Per Pax

Package Includes
•Please note that this menu is substantially sufficient for lunch or dinner
•Full buffet station setup with tables, linen drape and decoration
•Chafing dishes, disposable biodegradable ware, paper serviettes and trash bin with garbage bag

Promotion
•Minimum total spending of $600.00 (before GST) for waiver of delivery charge for all districts

Catering Information
•Order must be at least 3 working days (5 working days during festive period) before delivery date
•Any last minute will be subjected to availability
•Duration of catering is for 3 hours only; as per NEA regulations.
•Collection of setup will be 3 hours from eating time

Other Charges
•Early morning surcharge of $50.00 ($53.50 with GST is applicable for reception ready before or at 8am
•Delivery charge at $50.00 ($53.50 with GST)
•Surcharge of $20.00 ($21.40 with GST) per floor level for buffet setup on non-lift level
•Surcharge of $10.00 ($10.70 with GST) for delivery to offshore area (Sentosa & Jurong Island) and Central Area denote by the first 2 digits of the postal code:

- •Robinson – 01, 04, 05, 06, 07, 08
- •Marina Square – 03, 17
- •Orchard – 22, 23
- •Bras Basah – 18, 19

•Full payment upon delivery either by Cash or Cheque
•Total amount is subjected to 7% Goods and Services Tax (GST)

Healthier Choice - Full-Day Seminar Menu A

Available for 20 Pax, 25 Pax and 30 Pax Onwards

Full-Day Seminar Menu A

$21.80 ($23.33 with GST) – 30 Pax
$24.80 ($26.54 with GST) – 25 Pax
$27.80 ($29.75 with GST) – 20 Pax

Morning Break

Assorted Wholemeal Sandwich
lemon tuna & egg mayo

Steamed Water Rice Cake (Chwee Kueh)
with preserved radish

Tropical Fresh Fruit Platter

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Afternoon Break

Assorted Mini Muffin

Mini Thai Tea Cheese Cake

Homemade Royal Thai Mango Sticky Rice

Chilled Drinking Water

Coffee & Tea
Sugar & Creamer Sachet by the side

Thai Cuisine Lunch Spread

Choice of Starter or Soup

Starter

Royal Thai Spicy Seafood Salad

OR

Soup

Tom Yum Talay (Spicy Thai Seafood Soup)

Staple

Thai Olive Fried Wholegrain Rice with Minced Chicken

Hot Entrée

Stir-fry H.K Kailan with Chili Yellow Bean Paste
Royal Thai Green Curry Chicken
Steamed Fish Fillet with Spicy Garlic Lime Dressing
Pan-fry Prawn with Thai Tom Yum Paste
(DF) Thai Fish Cake with Sweet Thai Chili Dip

Dessert

Tropical Fresh Fruit Platter

Beverage

Chilled Drinking Water
Iced Orange Cordial

Healthier Choice - Full-Day Seminar Menu B

Available for 20 Pax, 25 Pax and 30 Pax Onwards

Full-Day Seminar Menu B

$21.80 ($23.33 with GST) – 30 Pax
$24.80 ($26.54 with GST) – 25 Pax
$27.80 ($29.75 with GST) – 20 Pax

Morning Break

Wholemeal Sandwich
chicken ham & sliced tomato

Steamed Chicken Shao Mai with Tangy Chili Dip

Tropical Fresh Fruit Platter

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Afternoon Break

Snowy Donut Ball

Mini Cookies & Cream Cheese Cake

Mini Fruit Tartlet

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Western Cuisine Lunch Spread

Choice of Starter or Soup

Starter
Classic Waldorf Salad

OR

Soup
Cream of Tomato
accompanied with crostini

Staple
Garlic Pilaf Wholegrain Rice with Walnut & Raisin

Hot Entrée
Roasted Hearty Chunky Vegetable with Herbs
Hickory BBQ Chicken with Mustard Black Pepper Sauce
Baked Fish Fillet with Sjora Mango Peach Sauce
Baked Scallop on Shell Mornay
Breaded Seafood Croquette with Tangy Chili Dip

Dessert
Tropical Fresh Fruit Platter

Beverage
Chilled Drinking Water
Iced Lemonade

Healthier Choice - Full-Day Seminar Menu C

Available for 20 Pax, 25 Pax and 30 Pax Onwards

Full-Day Seminar Menu C

$21.80 ($23.33 with GST) – 30 Pax
$24.80 ($26.54 with GST) – 25 Pax
$27.80 ($29.75 with GST) – 20 Pax

Morning Break

Turkey Pastrami Wholemeal Croissant

Steamed Mini Turnip Dumpling (Soon Kueh)
accompanied with sweet sauce dip

Tropical Fresh Fruit Platter

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Afternoon Break

Tuna Puff

Steamed Yam Cake with Condiments

Assorted Mini Swiss Roll

Coffee & Tea
sugar & creamer sachet by the side

Asian Cuisine Lunch Spread

Choice of Starter or Soup

Starter

Taiwan Style "Bang Bang" Chicken Salad

OR

Soup

Szechuan Hot & Spicy Soup

Staple

Steamed Mixed Red Rice

Hot Entrée

Stir-fry Oriental Mix Vegetable
Signature Curry Chicken with Potato
Teochew Style Steamed Fish Fillet
Stir-fry Prawn with Fermented Beancurd
(DF) Chicken in the Pocket with Tangy Chili Dip

Dessert

Tropical Fresh Fruit Platter

Beverage

Chilled Drinking Water
Iced Pineapple Cordial

Healthier Choice - Full-Day Seminar Menu D

Available for 20 Pax, 25 Pax and 30 Pax Onwards

Full-Day Seminar Menu D

$21.80 ($23.33 with GST) – 30 Pax
$24.80 ($26.54 with GST) – 25 Pax
$27.80 ($29.75 with GST) – 20 Pax

Morning Break

Assorted Whilemeal Sandwich
chicken ham & egg mayo

Steamed Prawn Dumpling with Tangy Chili Dip

Tropical Fresh Fruit Platter

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Afternoon Break

Mini Taro Ball with Mayo Dip

Apple Puff

Mini Tiramisu

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Japanese Cuisine Lunch Spread

Choice of Starter or Soup

Starter

Mixed Spring Greens with Sesame & Pinenut Dressing

OR

Soup

Miso Soup with Beancurd

Staple

Japanese Style Butter Garlic Fried Wholegrain Rice

Hot Entrée

Stir-fry Seasonal Vegetable with Garlic
Marinated Teriyaki Sauce Grilled Chicken
Baked Fish Fillet with Minced Garlic & Vinegar
(DF) Ebi Prawn with Wasabi Mayo
Steamed Gyoza with Dip

Dessert

Tropical Fresh Fruit Platter

Beverage

Chilled Drinking Water
Iced Cucumber Lemonade

Healthier Choice - Full-Day Seminar Menu E

Available for 20 Pax, 25 Pax and 30 Pax Onwards

Full-Day Seminar Menu E

$21.80 ($23.33 with GST) – 30 Pax
$24.80 ($26.54 with GST) – 25 Pax
$27.80 ($29.75 with GST) – 20 Pax

Morning Break

Assorted Danish Pastries
sultana & apple

Steamed Chinese BBQ Chicken Bun

Tropical Fresh Fruit Platter

Chilled Drinking Water

Coffee & Tea
sugar & creamer sachet by the side

Afternoon Break

Steamed Prawn Dumpling

Mini Salmon Vol Au Vent

Mini Chocolate Éclair

Chilled Drinking Water
Coffee & Tea
sugar & creamer sachet by the side

Indonesian Cuisine Lunch Spread

Choice of Starter or Soup

Starter
Indo Style Gado Gado with Spicy Peanut Gravy

OR

Soup
Bali Style Hot & Spicy Soup

Staple
Steamed Fragrant Mixed Red Rice

Hot Entrée
Mix Vegetable in Spicy Coconut Broth
Chicken in Spicy Tomato Sauce
Stir-fry Crispy Fish Fillet with Capsicum & Bean Paste
Pan-fry Prawn with Potato Stew (Udang Pongteh)
(DF) Deep-fried Beancurd with Sambal Belachan

Dessert
Tropical Fresh Fruit Platter

Beverage
Chilled Drinking Water
Iced Bandung

Full-Day Seminar Package
Optional Add-on and Terms & Conditions

Optional

Side Order

•Wholegrain Nonya Laksa Lemak with Prawn	$3.80 Per Pax (Min 30 Pax)
•Wholegrain Mee Siam with Shredded Chicken	$3.80 Per Pax (Min 30 Pax)
•Signature Curry Chicken with Wholegrain Roti	$3.80 Per Pax (Min 30 Pax)
•Warmed Yam Paste with Gingko	$2.00 Per Pax (Min 30 Pax)
•Bottled Water (500ml)	$1.00 Per Bottle (Min 15 Bots)

Equipment Rental

•High Cocktail Table with Linen Drape	$20.00 Per Set (Min 5 Sets)
•3ft Square Table with Pink Plastic Sheet	$6.00 Per Set (No Min)
•3ft Square Table with Full Drape Linen	$10.00 Per Set (No Min)
•Plastic Stool (No Backrest)	$1.00 Per Stool (Min 10 Stools)
•Coffee Machine & Premium Tea Selection	$10.00 Per Pax (Min 30 Pax)
•Upgrading of utensils to porcelain ware	$3.50 Per Pax

Package Includes
•Full buffet station setup with tables, linen drape and decoration
•Chafing dishes, disposable biodegradable ware, paper serviettes and trash bin with garbage bag

Promotion
•Minimum total spending of $1000.00 (before GST) or ordering headcount from 50pax per day for waiver of delivery charge for all districts

Catering Information
•Order must be at least 3 working days (5 working days during festive period) before delivery date
•Any last minute will be subjected to availability
•Duration of catering is for 3 hours only; as per NEA regulations.
•Collection of setup will be 3 hours from eating time

Other Charges
•Early morning surcharge of $50.00 ($5350 with GST) is applicable for reception ready before or at 8am
•Delivery charge for:
  •Full-Day Package at $80.00 ($85.60 with GST)
  •Half-Day Package at $50.00 ($53.50 with GST)
•Surcharge of $20.00 ($21.40 with GST) per floor level for buffet setup on non-lift level
•Surcharge of $10.00 ($10.70 with GST) for delivery to offshore area (Sentosa & Jurong Island) and Central Area denote by the first 2 digits of the postal code:
  •Robinson – 01, 04, 05, 06, 07, 08
  •Marina Square – 03, 17
  •Orchard – 22, 23
  •Bras Basah – 18, 19

•Full payment upon delivery either by Cash or Cheque
•Total amount is subjected to 7% Goods and Services Tax (GST)