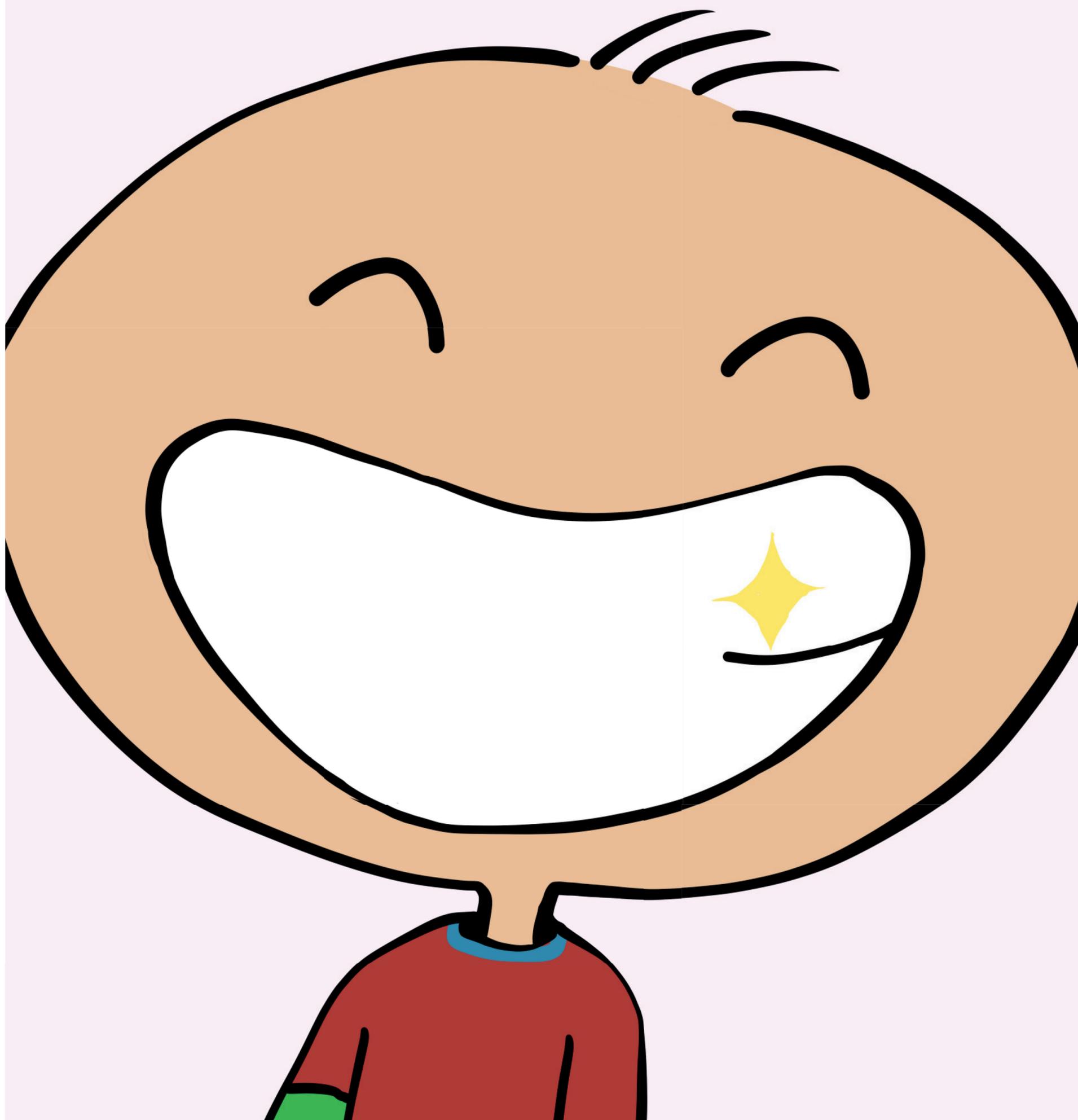
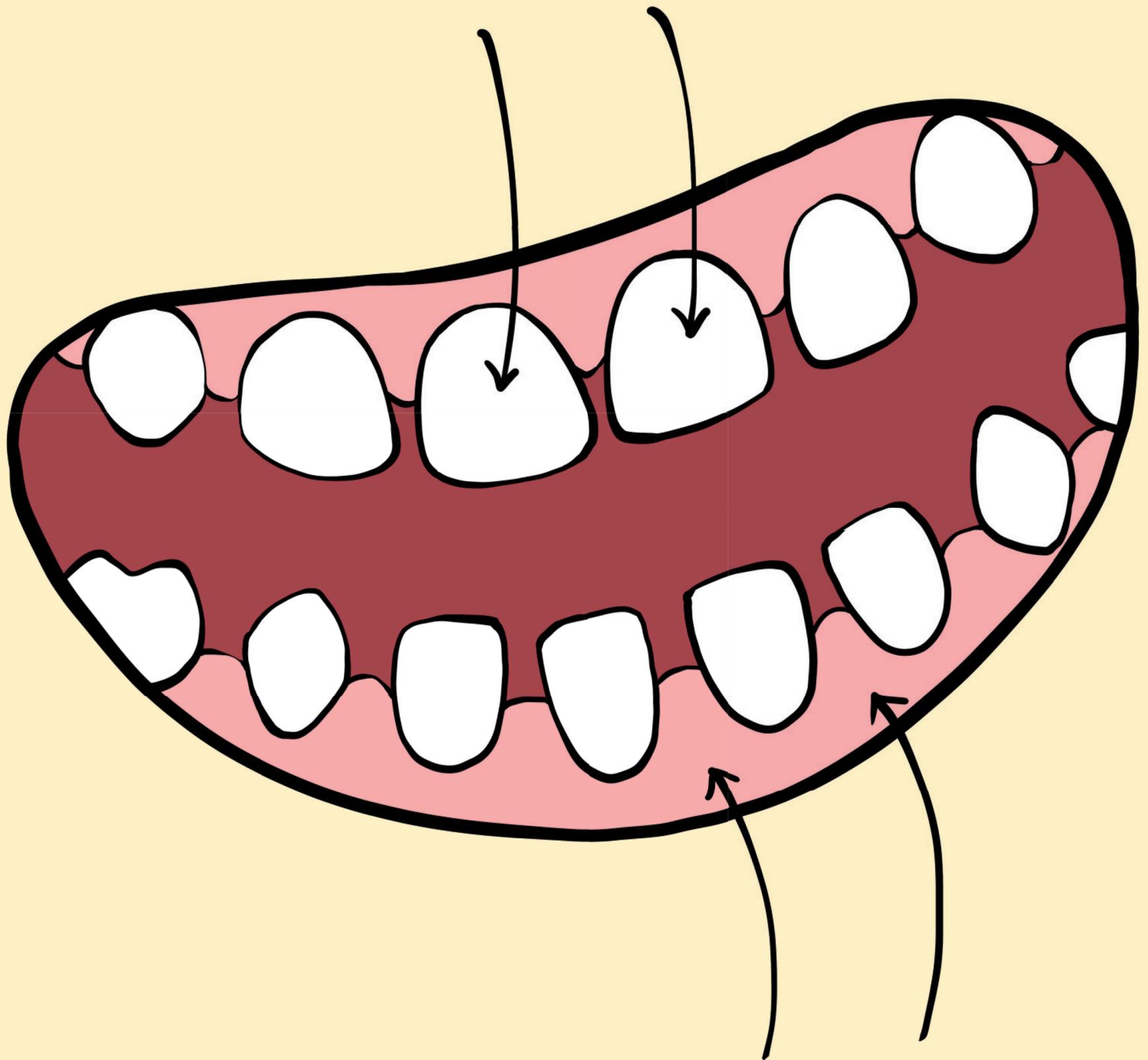


Let's take care of our teeth !



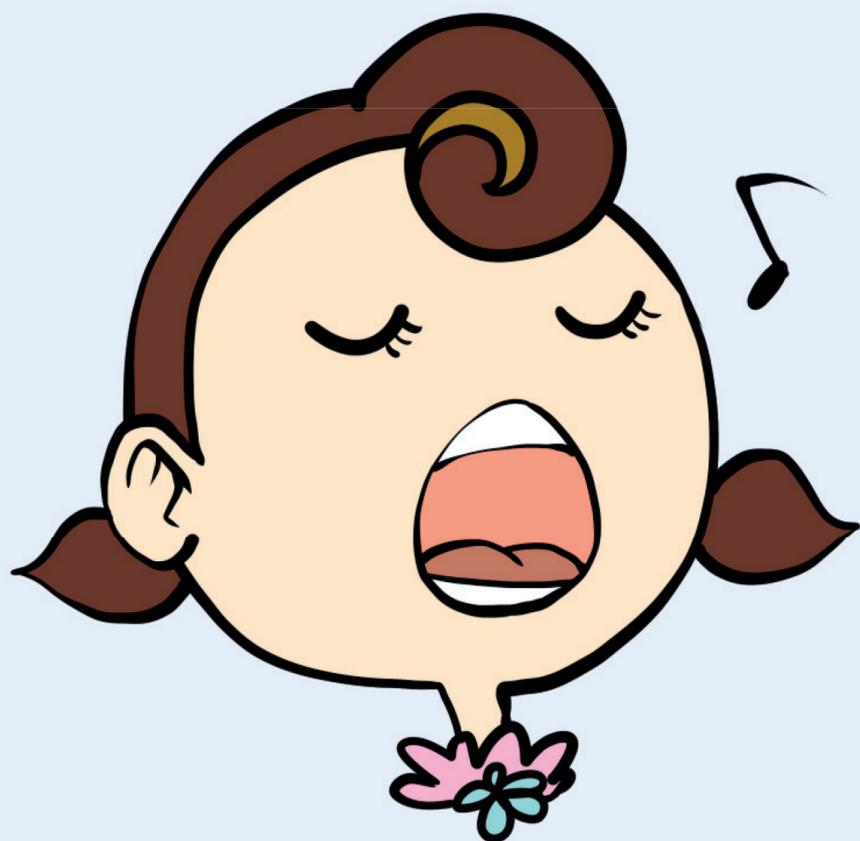
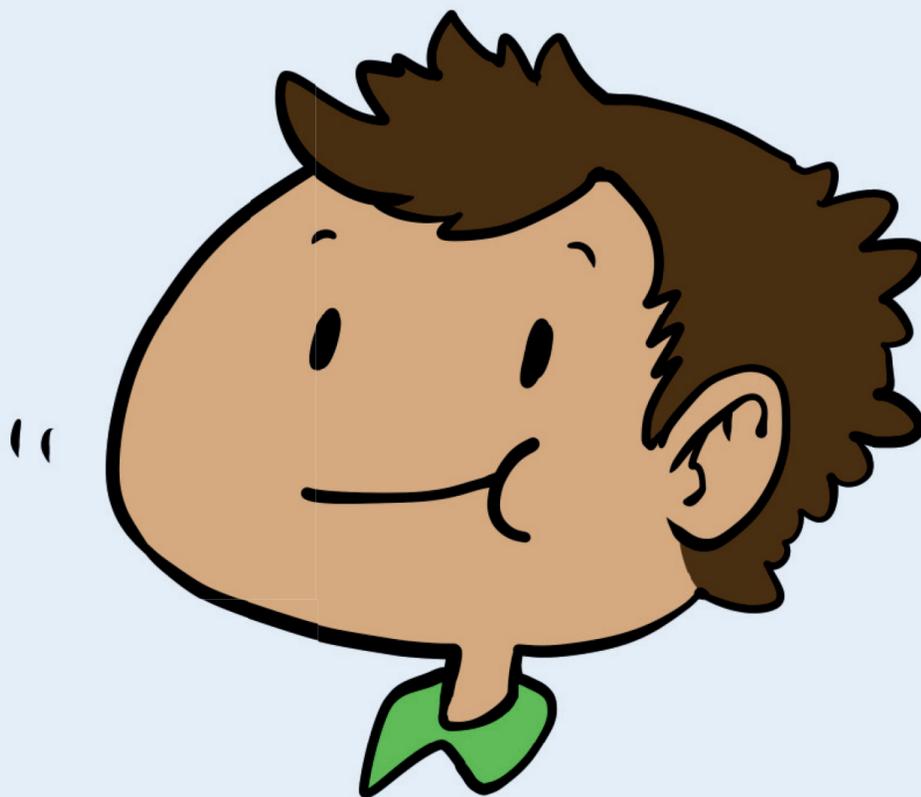
Where are my teeth?
Here are my teeth!



Where are my gums?
Here are my gums!

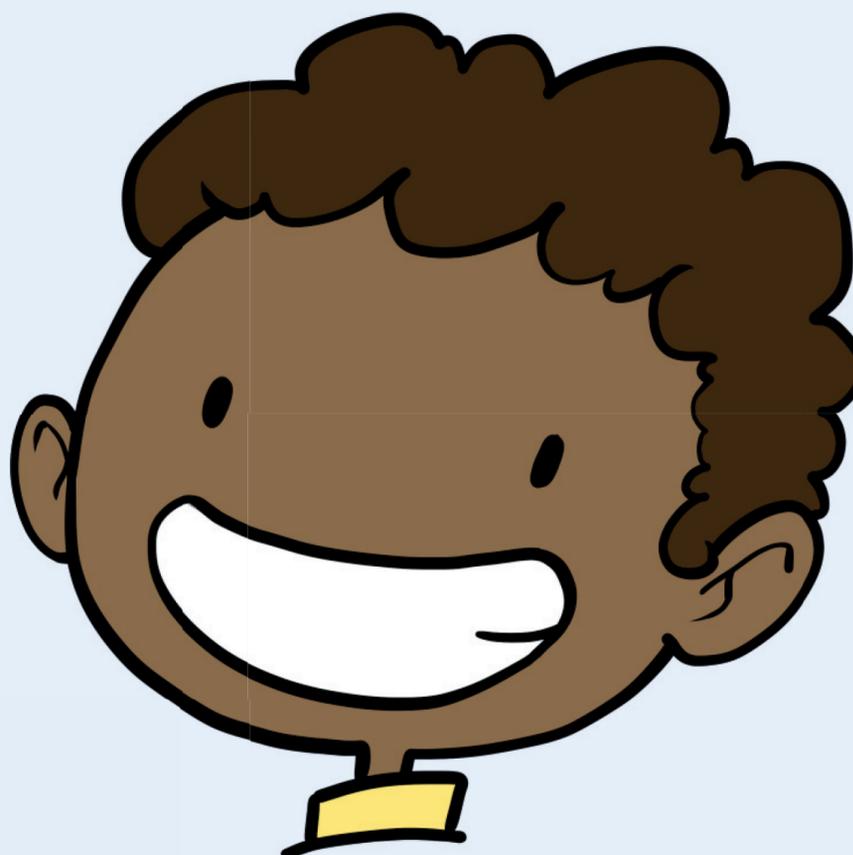
Why should I take care of my teeth? I need my teeth.....

To eat well



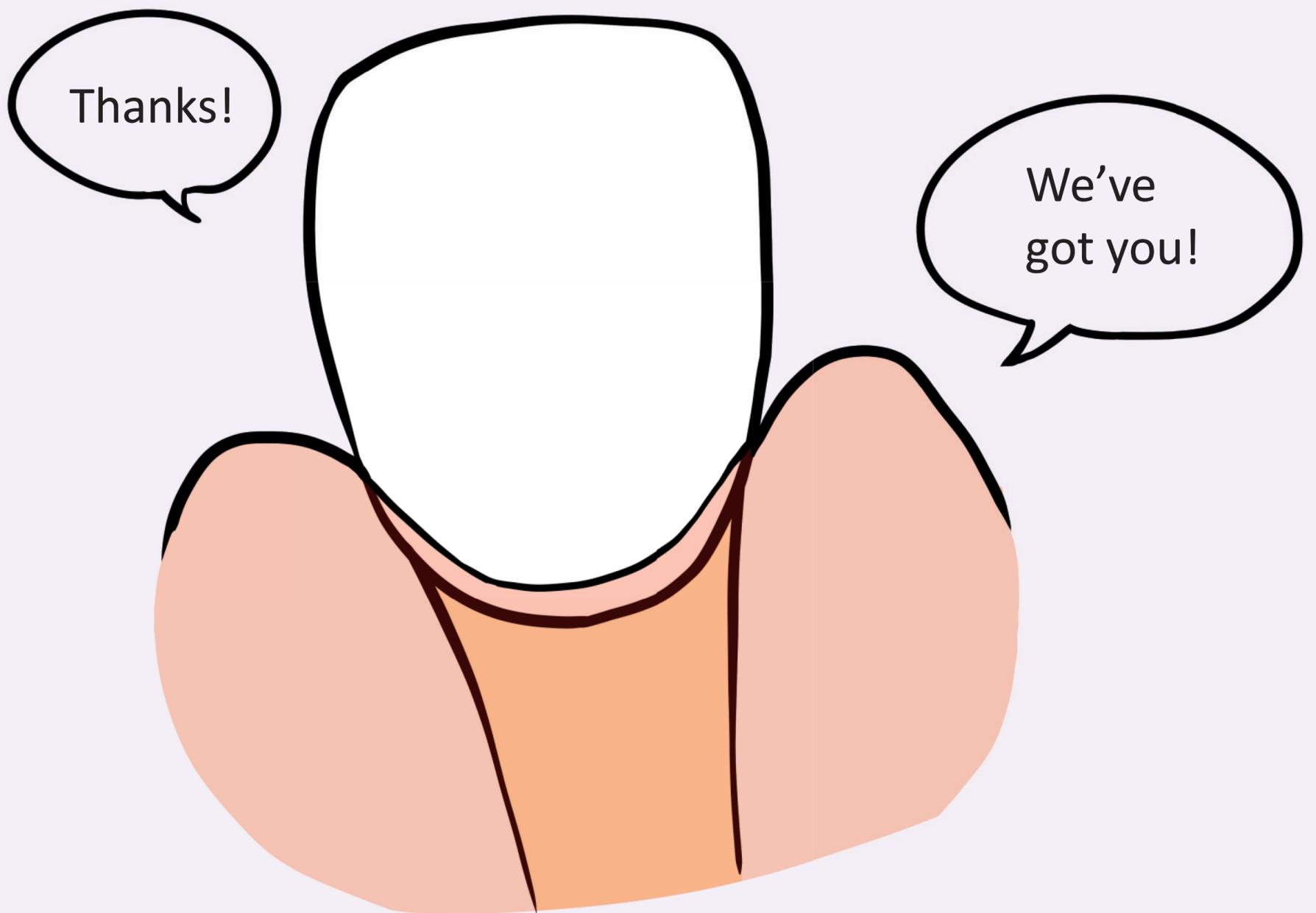
To talk and sing

To look good

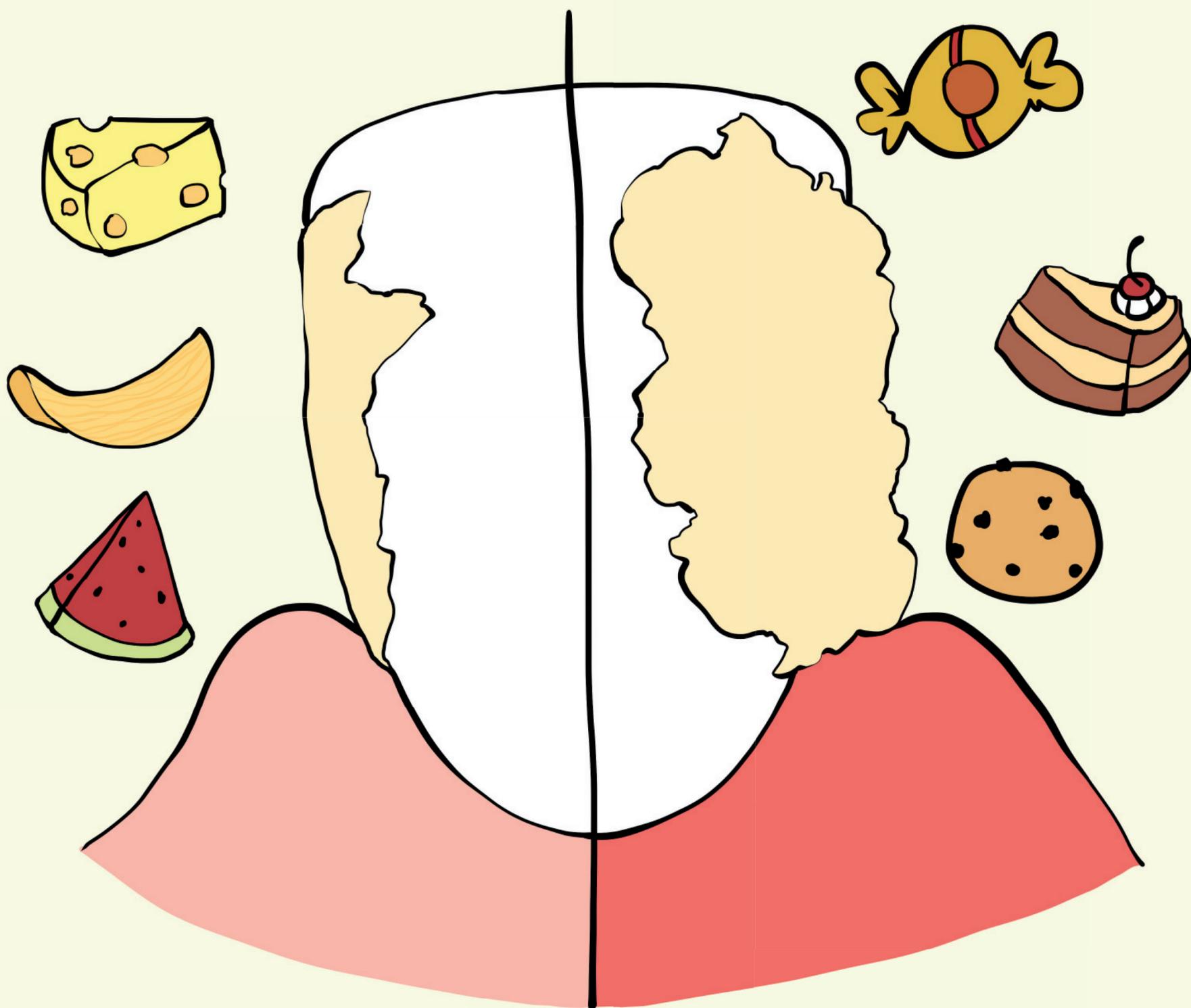


Why should I care for my gums?

My gums hold and support my teeth!



When we eat,
plaque forms on our teeth.



When we eat sweet, sugary food,
a lot of plaque forms on our
teeth!

What is **PLAQUE** ?

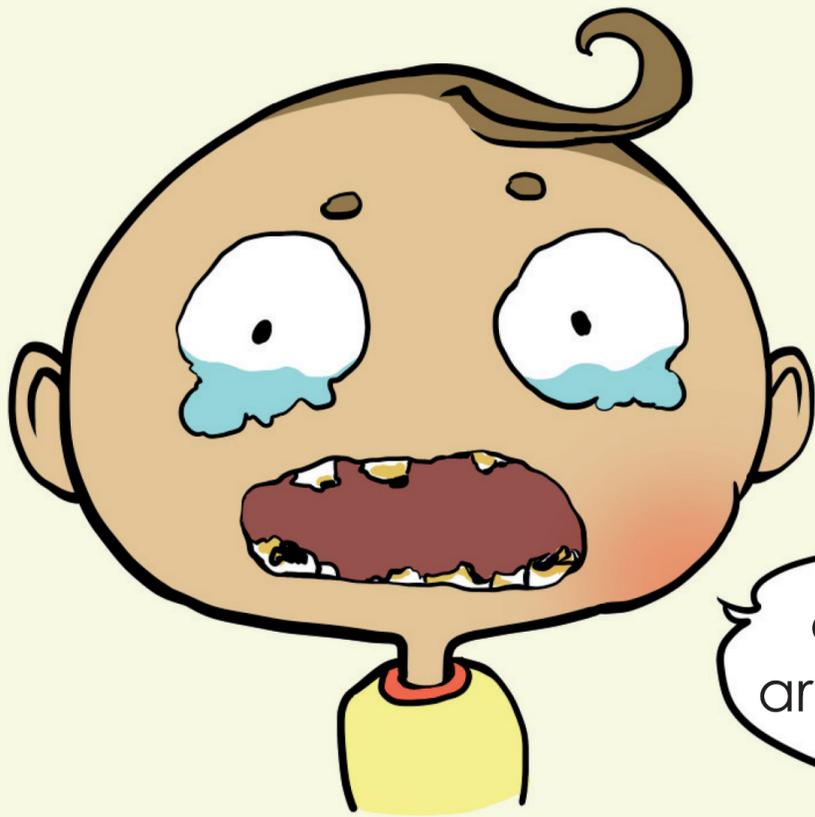
Plaque contains germs and food substance.

Plaque is yucky and sticks to the teeth.

Plaque is bad for teeth and gums!

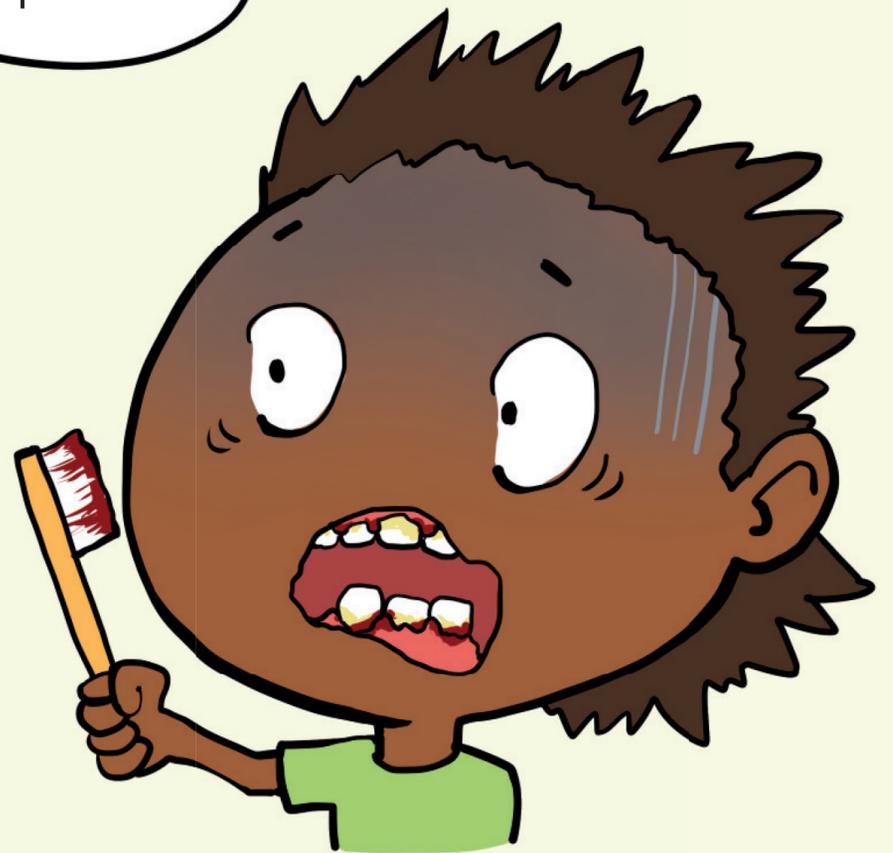


Why is plaque bad?



Plaque causes cavities

Plaque causes gums to bleed!



Plaque causes bad breath too!



**Let's get rid of plaque!
Let's brush, brush, brush!**

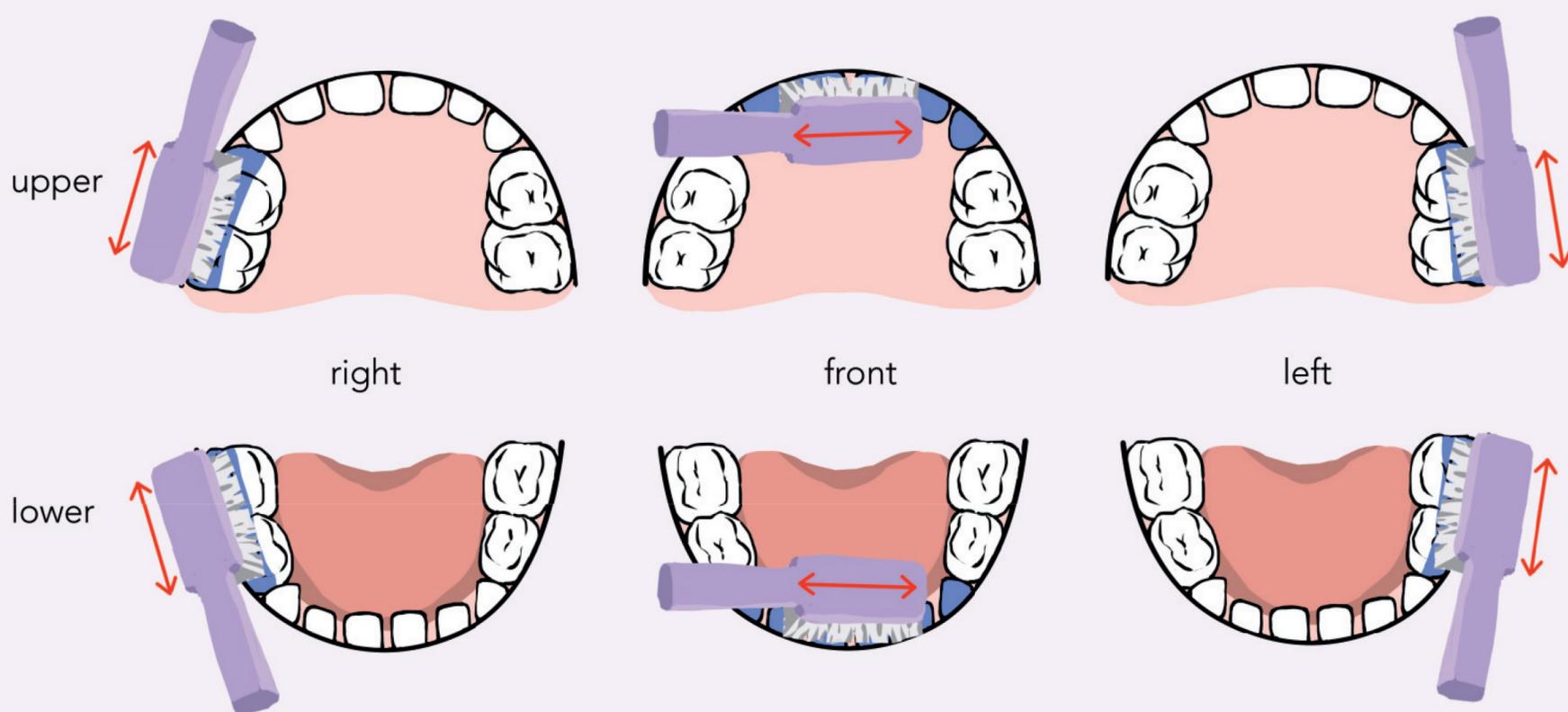


**With a toothbrush
and a bit of toothpaste,
Let's brush, brush, brush!**

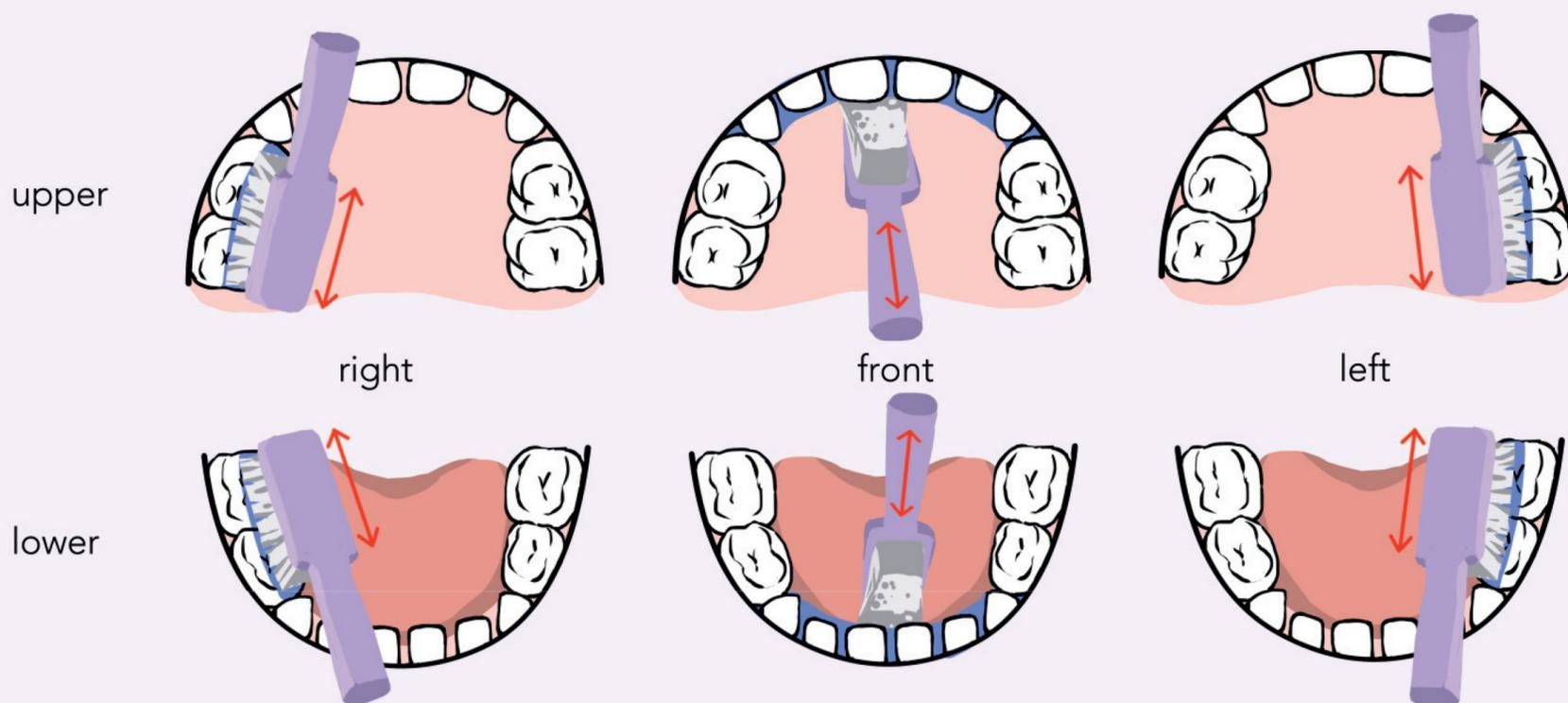
How do we brush?

We brush every single tooth well!

outside + biting surfaces

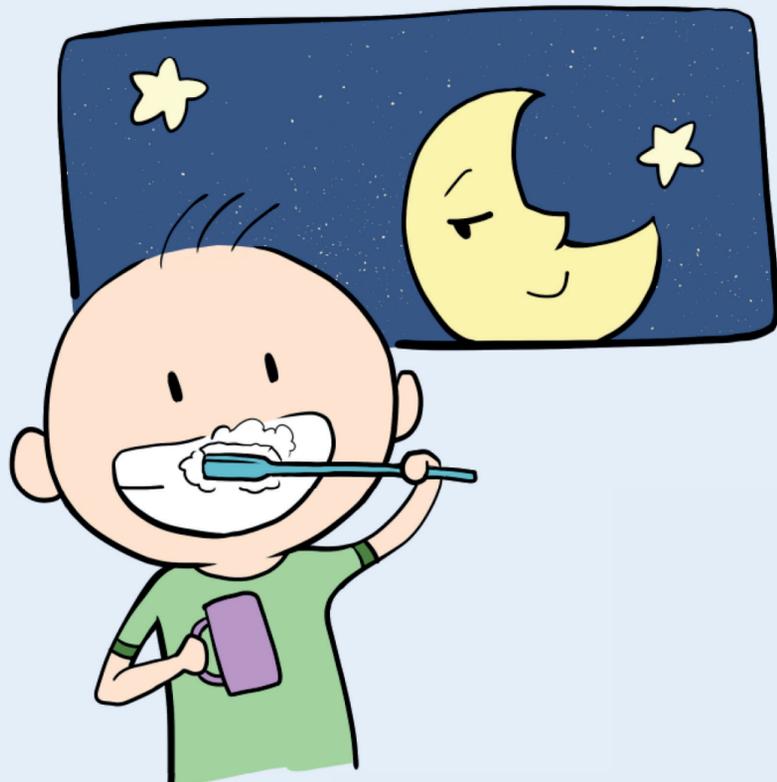
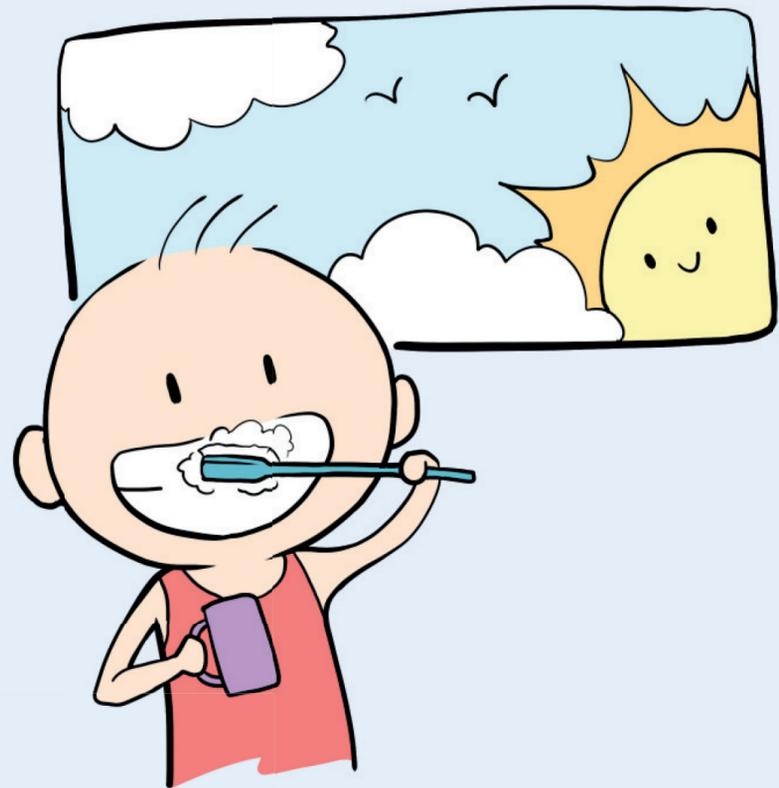


inside + biting surfaces



When should we brush?

Once in the morning...



Once at night
just before
bedtime

and

Oh No! I have a cavity!
What should I do?



Let's visit the dentist!

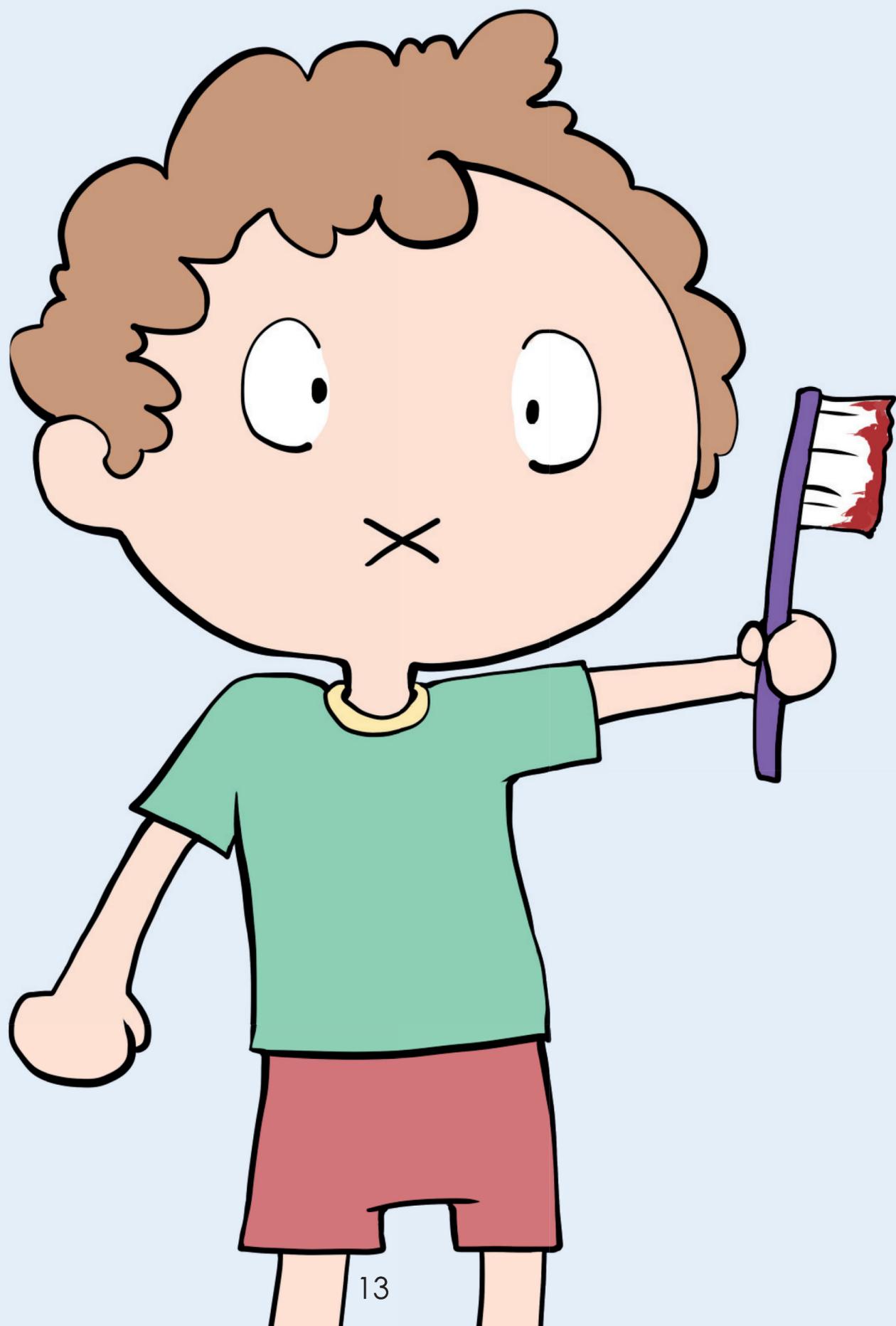
The dentist will help repair my tooth,
so it's good again.



I also need to brush my teeth well and
eat less sweets.

Oh No! My gums bleed,
especially when I brush!

What should I do?

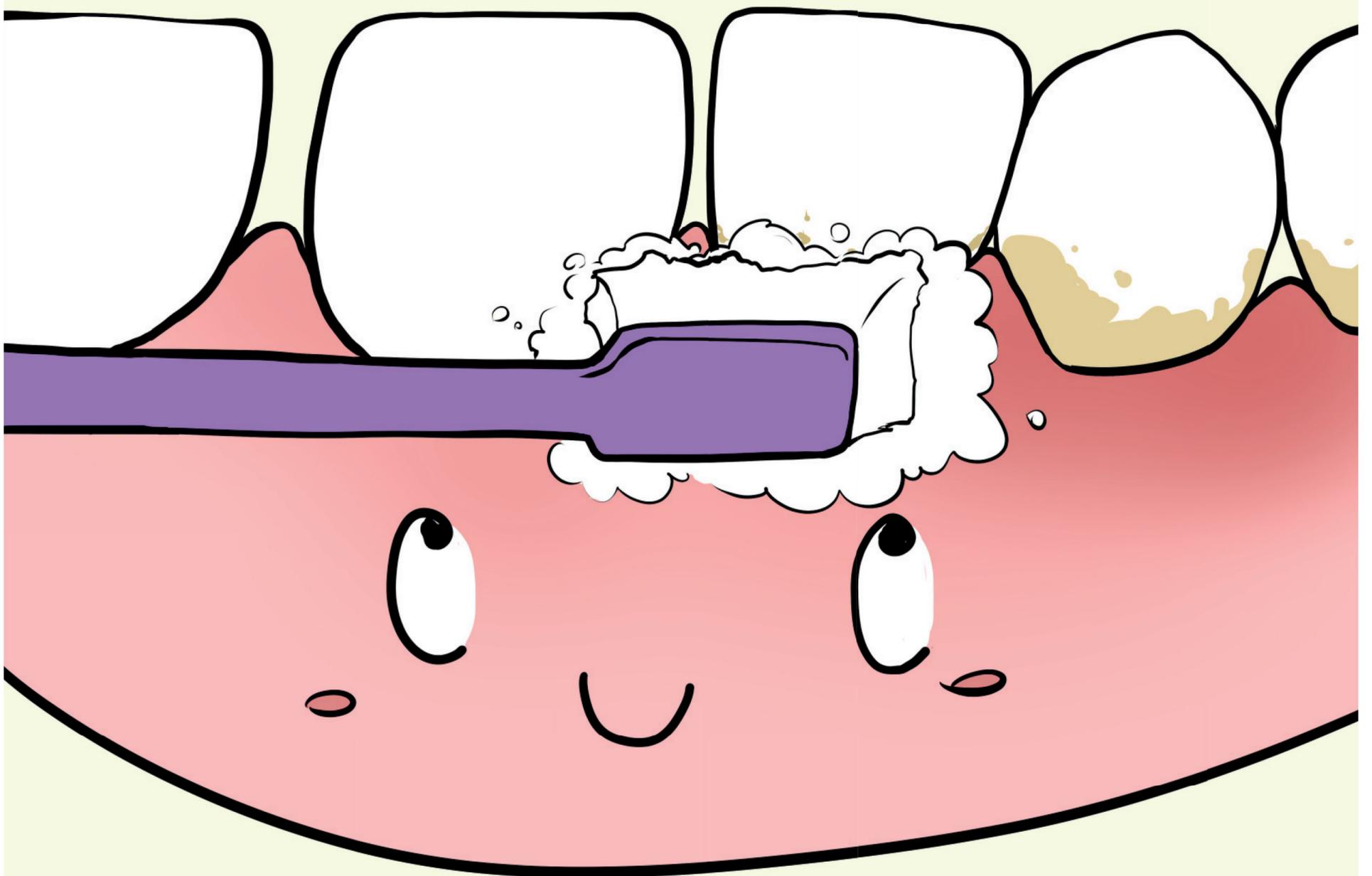


Do not be afraid to brush. The more you brush, the healthier your gums get, the less they will bleed.

Plaque is the culprit!

Brush the gumline well.

Your gums will soon get well.



**Now I know everything
about how to take care
of my teeth!**



The End.
Thank You!

